

Developmental Checklist

Please check off all motor skills that you have observed your child do and state the approximate age by which the skill was achieved if it was not achieved within the age appropriate time frame (all normative ages according to the HELP Checklist):

Child's Name _____

Date _____

- Rolling over (belly to back): 2-5 months _____
 - Independent sitting: 5-8 months _____
 - Crawling: 9-11 months _____
 - Uses both hands in midline: 16-18 months _____
 - Independent standing: 11-13 months _____
 - Walking: 12-15 months _____
 - Running (fast): 18-24 months _____
 - Ascending stairs (2 feet on step with handrail): 15-18 months _____
 - Descending stairs (2 feet on step with handrail): 15-18 months _____
 - Jumping with feet together (in place): 22-30 months _____
 - Jumping off surfaces (ie. curbs, step): 24-26 months _____
 - Hopping: 30-36 months _____
 - Catches eight inch ball: 35 months _____
 - Tricycle riding: 32-36 months _____
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